



PRINCIPAL'S REPORT

Well everyone Term 1 has finished and what a crazy time this is. Who would have ever guessed that 95% of NSW school children would be doing their learning from home – How lucky we are that for our students and families it's school as usual – what trend setters we are!! You will have received a last day SWAY on Thursday updating families on staff arrangements for Term 2. These arrangements are to follow the Department of Education guidelines for safe work sites and practices. I am sure we will all be able to adjust to these small changes quickly.

Next Term 7 *Steps to Writing* continues, German begins, a school focus on social and emotional development begins with stage lessons on bullying plus your children's individual lessons. Hopefully this will be a good blend of contact time and work time.

Please return the feedback sent by Mrs. Smith, we would love to have all survey's returned by the start of Term 2.

I really loved our Easter assembly – everyone had made such an effort.

Thank you all and a special applause to Darcy and Maisie who were voted as having the best Easter hats!

Your prizes will be sent in Week 1 Term 2.

With many things in the wait and see / next step basket, we wish all our families and safe and healthy holiday break.

Kind Regards
Wendy Hay
Principal

DATES TO REMEMBER

27th April – Term 1 resumes for staff
28th April – Term 1 resumes for students
4th May – Satellite lessons begin

INFORMATION FOR PARENTS

To ensure NSW Public Schools Department provides for the safety and wellbeing of teachers and SASS staff, flexible working hours for all

employees of the Department are instated with most teachers transitioning to remote delivery.

BWSODE Operational Information for Term 2 is as follows:

Staff are able to decide if they undertake their work from home. This is due to a range of factors classified as high risk or vulnerable, removed children from childcare etc.

Staff that wish to continue working from the school location are to have a roster system to ensure that social distancing and other restrictions being implemented across NSW are adhered to.

BWSODE will have staff working from home and at school.

The following staff arrangements will begin Day 1 Term 2 and will be reviewed in Week 5 or as further Departmental instructions are forthcoming.

Staff Arrangements @ BWSODE Term 2, Week 1 – 10 (27 April – 29 May)					
Walgett Staff	MON	TUES	WED	THUR	FRI
Wendy Hay Principal	IN	IN	WFH	IN	IN
Prue Smith AP - PT	WFH	WFH	OUT	WFH	OUT
Peg Harting AP - PT	IN	IN	OUT	OUT	OUT
Lydia Hall Classroom Teacher	WFH	WFH	WFH	WFH	WFH
Lorella Robinson Class	Ret is available to assist with marking only – WFH if required				
Lyn Corwell Class	Lyn is available to assist with marking only – WFH if required				
Sal Duncan SASS (SASS)	IN	IN	IN	IN	OUT
Bree Thayer Classroom Teacher – PT	OUT	WFH	WFH	OUT	OUT
Pip Hunt Classroom Teacher – PT	WFH	OUT	WFH	OUT	OUT
Bourke Staff	MON	TUES	WED	THUR	FRI
Kirsty Locking AP - Full Time	WFH	IN	WFH	IN	IN
Michael Fisher Classroom Teacher Rura and Remote Initials Full Time	IN	WFH	IN	WFH	WFH
Sally Davis SASS – 1 class per week	OUT	IN	OUT	WFH	OUT
*** WFH aka 'Working From Home' ***					

Governess

Sofia Wilson-Ali is looking for rural work to complete her third year visa in Australia. Ideally she needs rural (farm) work to obtain this visa, however is happy to do anything at the moment. Please contact her on 0402 753075 or sofiaaire@gmail.com if you are interested.

Dance, Fitness and Mindfulness

NSW Primary Principal's Association are offering FREE video learning content for students to help keep them active and happy during this trying time. The content is suitable for all students from K-6 with the learning content focused around dance, fitness and mindfulness, all of which are suitable for students to do while staying at home. There are two ways to access the video content: Facebook page - parents need to type www.facebook.com/dancefevermultisport YouTube page - parents need to type www.youtube.com/c/dancefevermultisport

BWSODE Website



The School website is another platform we use to showcase our school and where you can locate important information such as photos, newsletters, useful educational links and some

valuable resources supervisors can utilise in their school rooms.

<http://www.bwsode.schools.nsw.gov.au>

PARENTING IDEAS

The current social isolation policy as a result of the COVID-19 pandemic has confined people to their family homes and life for many parents is very different now without the support of extended family and other activities outside the family home.

For many, parenting success will require people to quickly adapt to new circumstances, by replacing some of the current parenting practices, with methods more in tune with close quarter living.

Listed are four common parenting rules of thumb, that can be adapted for the current situation:

1. Current rule: Put your kids first

Current parenting practices place children before parents in many aspects of life. The tendency to put our own personal lives on hold for the duration of their childhood while we cater

for children's after school activities is an obvious example. Nothing wrong with wanting the best for our kids, but it needs to be questioned if it comes at the cost of a parent's quality of life.

Try instead: Put yourself first

Most parents know the importance of self-care but fail to put it into practice. Make yourself a priority and attend to your own physical and mental health and personal happiness. Practise the good care habits that we encourage in kids – eat well, sleep well, get plenty of exercise, take regular time out and ensure you do something each day that brings you joy. It takes a great deal of selflessness to be a parent. Finding ways to prioritise ourselves can actually make us even better at it.

2. Current rule: Focus on individual good

The shift to smaller families has brought about a shift in focus from parenting the gang to parenting each child individually. This shows in everyday activities such as individually-designed meals for each child and paying children for completing chores. The propensity to focus on individual needs often comes at the expense of the family good, which is evident when difficult times arise.

Try instead: Focus on greater good

Alfred Adler, the father of Individual Psychology believed that children's moral development is fostered in full when they contribute to the wellbeing and functioning of the family. It's a 'we' before 'me' concept. When children are living in close proximity with each other for long lengths of time, it's essential for them to consider the needs of others as well as their own needs. "How does my behaviour impact on others? How can I help? How can I ease the load?" become the prime consideration for all family members.

3. Current rule: Parents are responsible

The responsibility in many families falls to parents to resolve most problems, even if they are owned by kids. If a child leaves a lunch at home, often a well-meaning parent will take it school. A child's friendship issue is resolved by parents. Conflict with a sibling? Mum or dad will sort it out. The propensity for parents to take responsibility for what are essentially children's problems is exhausting (for parents) and leads to unprecedented levels of parental guilt when children are unhappy. Yes, we even tend to take responsibility for their individual happiness.

Try instead: Children are responsible

The current social isolation measures mean it's almost impossible for a parent to sort out all of a child's problems. "That's your problem. Please work it out yourself" is the mantra for close quarter living you can apply to many situations such as boredom, hunger and dealing with noisy siblings. At times of children's high need during social isolation caused by COVID-19 I suggest that you make yourself scarce, emerging only when you know kids have tried and failed to resolve their own problems.

4. Current rule: Get their compliance

Most of the current child and adolescent management techniques are built around compliance. "How can I get my kids to do as I wish?" still dominates much of the current parenting narrative, reflecting old practices when children were seen and not heard, and corporal punishment was in vogue. These methods are not suitable for getting kids onside on the family cocoon.

New rule: Win their cooperation

Some time in recent years the management narrative shifted from getting compliance to gaining cooperation from kids. This shift requires a change in mindset, behaviour and language from parents. The language of compliance ("I want you to do this!") still has a place in family-life albeit very minor, however the language of cooperation ("I need this done.") in all its forms represents this essential shift in management mindset that is required in the current circumstances.

The new circumstances we find ourselves in due to COVID-19 while daunting at first glance, offer an opportunity to revisit old habits, principles and rules in all areas of life, including your parenting. It's human nature to feel comfortable with old ways even if they are not working for us. Sometimes it takes a crisis such as the one we are all experiencing to examine old habits, principles and rules to see if they are suitable. If they are not, then it's time to create a new rulebook.



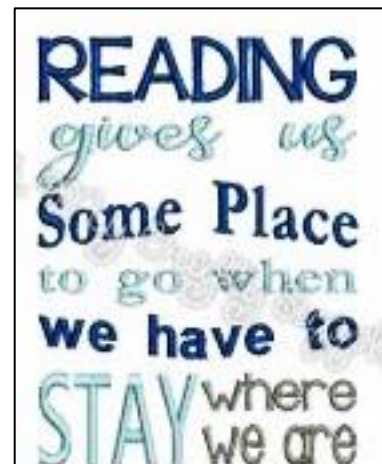
Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*. His latest release is *Spoonfed Generation: How to Raise Independent Children*.

LIBRARY REPORT



<https://www.cbca.org.au/shortlist-2020>

These books have been ordered for both Libraries. Looking forward to reading these wonderful books and sharing them our students.



Mrs Robinson
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CENTRE NEWS

A 'snapshot' of beautiful hats from the last Assembly for Term 1





MERIT AWARDS

PRINCIAPLS AWARD



To: **Kc** for an excellent attitude towards the beginning of his learning journey

Maisie for consistent high quality works across all KLA's

Darcy Excellent work in literacy



Walgett Students

Rafael

For amazing story writing skills in 'Skedaddle Successful'

Aiden

For great attendance on satellite in Term 1

Jandre

Fantastic geography work

Morgan

For great computer work

Gabriel

Awesome results in swimming / Amazing research and cruise poster in Geography / Excellent work with jump and split strategies / Brilliant Backyard Safari unit / Excellent diorama and Speech

Darcy

Great work with problem solving activities / Excellent returns in Geography / Wonderful report for the School Magazine / Great Narrative writing Optimus Prime

Lelanie

Working well in maths / Brilliant story writing

George

Excellent handwriting - Terrific stories and illustrations / An



excellent fridge

Leah

Great work in whole number /
Beautiful artworks



Bourke Students

Maisie

Excellent Term 1 Artwork and
Consistent high-quality work /
Achieving beyond expectations
in her Geography on 'People's
Connections to Places'

Nick

Working hard to develop an
understanding of the 'friends of
10' / Excellent behavior /
Working hard to complete his
Geography Unit on 'People and
Places' / Outstanding behavior /
Working hard to develop his
sight word knowledge

KC

For working hard in his Math's
unit on Mass / Creating an
outstanding Koala Habitat /
Excellent behavior / Excellent
work in Whole Number /
Working hard to complete his
Geography Unit on Families /
Excellent work in Term 1

William

Excellence in writing

HOME VISIT REPORTS

These will be included in the first newsletter for
T2

I think that when the
dust settles, we will
realize how little we
need, how very much
we actually have,
and the true value of
human connection.

BIRTHDAYS



One of our students
celebrates his birthday
early in Term 2 so a
little birthday greeting
is going out to you

early! Happy birthday to **KC** who has his
birthday on May 1st. We hope you have a great
day.