BWSODE Public School **Bourke - Walgett School of Distance Education NEWSLETTER**



No.3 T2 WK 5 2022

PRINCIPAL'S MESSAGE

Well it's hard to believe we are now at the half way point of Term 2!! With the COVID restrictions easing we had hoped to complete many of our home visits but unfortunately the weather has not assisted us with this endeavour!!

Perhaps Term 3 will bring more success.

We have had lots happening within the school over the past weeks with NAPLAN being the focus for students in Years 3 and 5. From speaking to families they have all survived this assessment without too many issues. Thanks to all staff who assisted in negotiating with host schools and working with the online browsers to make this happen for our school. Construction has been completed on the new playground in Walgett and students have already been able to test out our new equipment, by all accounts it was a big thumbs up!

Walgett Show entries were submitted along with a Centre display and many of our students were awarded ribbons for their writing and poetry – A huge CONGRATULATIONS to those students and to all who were able to send in work for display.

Bourke students were not on the side of the weather gods as the Bourke Show had to be cancelled. However, their display is proudly hanging in the Bourke Centre and it looks amazing - Fantastic work!!

You will notice that as we ran poetry across our school in Term 1, work was submitted from all students who participated in this school activity. Both Bourke and Walgett students have received ribbons for their work – Well done!!

Discussions with staff about attendance at lessons this Term have been very encouraging, with teachers very happy with the attendance to satellite lessons. There is a legal requirement in Distance Education, like any school in NSW, that students attend school. At our school it is measured by the return of programmed work and participation in satellite lessons. Non-engagement and non- communication from families is monitored and reported upon with procedures that need to be followed as in all Primary School settings.

Please remember to discuss any issues with the Executive or your classroom teachers as they arise.

On a sad note, we are saying farewell to the Mostert families. Walma and Franco are now going to attend the Primary School in Bourke and Stephi, Magnus, Jandre, Lillie and MJ are moving to Tasmania

On behalf of the school, we wish you well and hope you enjoy your new home - Maybe our next excursion will be to Tassie??

Don't forget about the up-and-coming events. We have the school Spelling Bee and are hoping that everyone will try their hand at spelling and the 6

Ways Athletics Carnival at Pilliga. Mark these on your calendar. Mrs Smith will also be sending out updates and information on our Snow Excursion so please be vigilant in keeping us updated if there are any changes to your attendance and if you require any help with attending.

I am hoping our REACT upgrade will be starting to roll out soon, please be aware that the current system is nearly at the end of its life and we may experience more issues as has been the case this week. I will keep you updated as I am informed. Finally thank you to everyone for all your hard work and support, I hope to see you at the next Integration Days. *Kind Regards Wendy Hay | Principal*

DATES TO REMEMBER

3rd June – Walgett Integration Day 10th June – Bourke Integration Day 15th June – Western Districts Cross country 24th June – 6Ways Athletics Carnival Pilliga

STUDENT NEWS Gabe and Rafa



Tyson Bull with Gabe at the Gymnastic Centre on the Gold Coast

Gabe and Rafa and the family, are currently on the Gold Coast where their father is working.

The boys are both accomplished gymnasts, and while training at their Gym, have had the opportunity to see some of Australia's finest.

Pictured above is Gabe with Tyson Bull who is training for the Nationals. Tyson is the current most successful competitive Australian male gymnast and placed 5th in the High Bar at the Tokyo Olympics.

Maisie

On Tuesday May 24th, Maisie attended the CWA Public Speaking competition which was held in Bourke. She gave a well presented and well thought out two-minute speech on the *Funny Things Adults Say*.



Maisie represented herself and her school with pride and was placed 2nd in Yr 3/4 Category.

This qualifies her to attend the 2022 CWA Inter Group Public Speaking Competition in Cowra on the 20th of June. Congratulations Maisie, you should be extremely proud of your achievement.



CENTRE NEWS

Walgett Centre Playground

The new playground has been completed at the Walgett Centre. We hope that it provides many hours of fun and activity on Integration Days and Mini Schools into the future.





INFORMATION FOR PARENTS



The Snow Excursion (postponed from 2021 due to Covid) will be taking place in the first week of Term 3. Please see Morning Messages for updates as they occur and link there, to register your intention

Please also call the Centres for more information if needed.



Spelling Bee

Registrations for the Premier's Spelling Bee opened on Wednesday 27th April. This will be held at the start of Week 9



and one student from Years 3 & 4 and one student from Years 5 & 6 will be nominated for the Regional Spelling Bee which will be held in August. However, this year BWSODE will also be holding our own school-based Spelling Bee as well.

We are looking for expressions of interest for children to participate in the school level Spelling Bee and encourage all students from Yrs 3-6 to participate.

Please contact Kirsty Lorberg at the Bourke Centre on 0268722424 or at: kirsty.lorberg@det.nsw.edu.au

for more information and nomination.

IT Help Desk

IT Help Desk - 1800 338 737 or their new landline number is 58526230 (Please note this is a new number 18/05/2022)



Writing Competition for NSW students in Years 1 to 6



Using the photograph for inspiration, students write a short, imaginative piece of up to 500 words. Only one entry from each Stage can be submitted per school. WriteOn is an annuel writing competition for NSW students in Years 1 to 6. It is designed to encourage students to develop their writing skills.

MATCHERS

Visit educationstandards.nsw.edu.au/writeon to find out more and to enter

Entries close 17 June 202

Bourke Juníor Sport







T4L Kíds Magazíne

The **T4L Kids Magazine** contains information for students including stories about influential people, technology that they can learn about, and interesting engaging activities. https://t4l.schools.nsw.gov.au/resources /teaching-and-learning-resources/t4lkids.html

BWSODE Website



The School website is another platform we use to showcase our school and where you can locate important information such as photos, newsletters,

useful educational links and some valuable resources supervisors can utilise in their school rooms. http://www.bwsode.schools.nsw.gov.au

PARENTING IDEAS 5 Strategies to become Better Parents

The start of the year is a great time for making changes and improvements to the way you raise kids. But it's difficult to know where to begin.

Below are five practical strategies that could have a positive impact if acted upon.

1. Switch on your child's strengths

Most of us have been conditioned to focus on what kids can't do. There is a better way. The Positive Psychology movement lead by US-based psychologist Dr. Martin Seligman showed that when we can unearth kids' strengths we are, in effect, unlocking their true potential for success and happiness.

Three elements come together to make a strength and parents need to be mindful of all three:

Performance - Being good at something Energy - Feeling good doing it High use - Choosing to do it Professor Lea Waters, President of the International Positive Psychology Association and author, has some great recommendations in her new book The Strength Switch

2. Balance kids' extra-curriculum activities

Alongside social media and news events, being busy is now recognised as a major stressor for many children and young people. The choice of activities to keep kids busy after school hours is mind-boggling. Having so many options is wonderful but it does place a new set of pressures on parents and kids. The cost of loading kids up with scheduled activities is that many don't get the chance for free play, or simply 'vegging out' on the couch but these activities are also important in a balanced approach to parenting.

3. Focus on friendships

Friendships are an important part of the road to adulthood for a child or young person. Not every child is naturally outgoing and makes friends easily. If your child has difficulty forming friendships and is worried by that, then there are many ways to approach this including: encouraging kids to spend one-on-one time with others, making extra-curricular activities fit their interests, and coaching kids to develop friendly behaviours.

4. Give kids tools to manage anxious moments

Currently we have a childhood anxiety problem and it's mostly undetected as community understanding of anxiety is low. It's our experience at Parenting Ideas that many parents are anxious and they don't know it, and many children routinely experience anxiety, which goes unrecognised.

5. Develop rights of passage Community changes have largely eradicated many traditional rights of passage, making it harder for a young person to know when they've become an adult. Fortunately, many families are now creating their own to mark events such as the end of primary school, the move into the teenage years, and mark different stages of adolescence. These traditions are now becoming legitimate rights of passage for young people.

Change and improvement in anything worthwhile generally comes incrementally rather than in one giant leap.



Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10

books for parents including *Thriving and* the best-selling Why First Borns Rule the World and Last Borns Want to Change It. His latest release is Spoonfed Generation: How to Raise Independent Children.

LIBRARY REPORT

Walgett Centre Library has recently acquired a beautiful new book called 'The Little Book of Hopes' by Elyse Shellie.



Elyse wrote the book for her own son and on the back, the book is described as 'An an enchanting book, expressing all the hopes and wishes parents have for their children ... celebrating kindness, resilience and empathy'. But actually, it is so much more, and on every page, are words of wisdom for all of us.

For example:

'I hope you are resilient, I hope you'll meet your goals, by falling down and getting up and landing on your feet I hope that when those near you, feel that they have lost their voice, that you will speak up loudly for them, you can - You've got that choice I hope that you will battle on, I hope you keep on trying, in times when you are so confused and simply feel like crying *I* hope that when your dear heart breaks, you'll know just what to do, to pick up all the pieces and to make it strong and new'

Sally Duncan



MERIT AWARDS Principal's Award Scarlett - For hard work and application to all Key Learning Areas Matthew - For hard work and application in all Key Learning Areas





Walgett Students

| Hilda | Fantastic recognition of |
|-----------|---------------------------|
| | rhythmic patterns / |
| | Excellent work in |
| | Science - Properties of |
| | matter / Terrific work |
| | with Story writing |
| Thomas | Fantastic oral reading |
| Annabelle | Fantastic effort |
| | completing Spelling |
| | Mastery lessons |
| Darcy | Fabulous work in Music / |
| | Excellent improvisation |
| | of rhythmic ostinato |
| Spencer | Wonderful work in |
| | handwriting / Terrific |
| | work with sounds / |
| | Wonderful playing of |
| | instruments to the beat |
| | / Brilliant work in |
| | Geography |
| Bradley | Trying really hard to |
| | write his name and |
| | letters |
| Dejan | Impressive Maths solving |
| Gabe | Outstanding effort and |
| | ability in working with |
| | multiplication strategies |
| | / Wonderful discussions |
| | about literal and |
| | inferential information |
| | found in texts |
| Alex | Terrific sight reading in |
| | music / Fine effort to |
| | finish all set work |
| Jandre | Great rhythmic patterns |
| | in Music |

| Scarlett | Awesome reading work |
|----------|---------------------------|
| | and awesome handwriting |
| | / Awesome playing of |
| | various rhythmic |
| | patterns |
| William | Awesome effort in all |
| | areas |
| Rafa | Excellent blog on the |
| | Komodo Dragon / |
| | Amazing efforts |
| | regarding angle |
| | relationships / FAB work |
| | in Fractions / For his |
| | early execution of a |
| | learning goal surrounding |
| | inferences in Term 2 |
| Rachel | Good effort in all areas |
| | to complete her work |
| Danilo | Awesome Maths results |
| Tallis | Great effort in all areas |
| Chris | Great work blending |
| | sounds |
| | |



Bourke Students

| Thorin | Outstanding participation in Bourke District Cross Country 2022 / Excellent work in maths |
|---------|---|
| Maisie | Terrific work visualising as a comprehension skill / Terrific sight reading in music |
| Dominic | Awesome work with ascending order / Fantastic start to Term 2 / An excellent book review on 'Weirdo 15' |

| Callie | Outstanding work in 'Features of Places / Excellent work in Mass and Data / Awesome effort in Reading and Spelling / Fantastic work in Fractions |
|-----------|--|
| Кс | Excellent effort in Spelling / Outstanding work in Spelling |
| Matthew | Excellent counting by 2s, 5s and 10s |
| Annabella | Working hard in Area / Magnificent work in Mass |
| Nick | Improved accuracy and speed when working with 10 times Tables / Terrific application of comprehension skills |
| Declan | Excellent work in Mathematics / Outstanding comprehension and responses in the 'Nerdy Birdy' Unit |
| Aiden | Excellent work converting between units of length / Improving his handwriting and allocation of his Pen License |
| Ruby | Excellent work in Story Writing / Excellent work |

INTEGRATION DAYS

in Whole Number

Walgett Centre

Friday May 20th saw the first Integration Day for Term 2 at the Walgett Centre. Darcy, Hilda, Maddy and Zoe were the only students able to attend for a number of reasons, however it was a fun and productive day filled with lots of activities in the classroom. The students wrote a combined Information Report on the Green Sea Turtle and also created a beautiful collage. They went on an excursion down the street to enjoy a milkshake and practice crossing streets. They 'christened' the new playground with lots of positive comments flowing.



SPORT

Bourke District Cross Country was held on May 19th in Brewarrina. Congratulations to Thorin who ran a great race and came eight!



Thorin at the Cross Country

WALGETT SHOW

May 6th and 7th saw the holding of the annual Walgett Show.

Wet weather on the Wednesday prior to the Show unfortunately saw the cancellation of the Show Jumping and Dog Trials and the postponement of the Ring Events until Sunday, however the Show in essence went ahead and was a great weekend.

It once again highlighted the wonderful district in which we live and the generous volunteering of so many that make an event such as this remain strong and relevant within our community.





BWSODE School Display which earned a Third Place

Lots of individual winners as well in the popular schoolwork section of the Lenard Pavilion and we congratulate all the students who entered their work. Results:

Narrative Writing

| | | 0 | |
|------|----------|---|-----|
| K | Matty | | 1st |
| Yr1 | Callie k | | 1st |
| Yr 1 | William | | 2nd |
| Yr2 | Darcy | | 1st |
| Yr2 | Kc | | 4th |
| Yr3 | Nick | | 1st |
| Yr4 | Maisie | | 1st |
| Yr4 | Jandré | | 2nd |
| Yr4 | Gabriel | | 3rd |
| Yr6 | Rafael | | 2nd |
| | | | |

Poetry

| | 1 0001 | | |
|-----|-----------|--|-----|
| Yr1 | William | | 1st |
| Yr2 | Darcy | | 1st |
| Yr2 | Kc | | 2nd |
| Yr2 | Thorin | | 3rd |
| Yr2 | Lilli | | 4th |
| Yr4 | Gabriel | | 2nd |
| Yr4 | Maisie | | 3rd |
| Yr5 | Alexander | | 1st |
| Yr5 | Aiden | | 2nd |
| Yr6 | Rafael | | 1st |
| | | | |



Champion Written Expression – Congratulations Rafa

BOURKE SHOW



Unfortunately, the Bourke show was cancelled due to the rain, however the Bourke Centre Students

were ready. Below are some photos of their lovely work, now on display at the Centre.





BIRTHDAY GREETINGS



Birthday wishes go out to Chris who celebrated his birthday on May 20th and Jace who will on May 22nd.

Lots of May

birthdays as we also celebrate Elena on the 26th, Danilo on the 28th and Oliver on May 31st. Happy Birthday to you all. May is a busy month for staff too with birthdays for Mrs Duncan, Ms Hay and Mrs Colwell

Things To Remember On Bad Days



Your mistakes do not define

Not everything you think is true

You are more than other people's opinions

No-one is posting their failures

You are not alone

It's OK to have days where the only thing you do is survive