## BWSODE Public School

### **Bourke - Walgett School of Distance Education**

# NEWSLETTER

No 3 T2 WK 5 2023



#### PRINCIPAL'S MESSAGE

Welcome to hump week – It's hard to believe that we are already in Week 5!! I hope everyone is getting packed and ready to make the trek to Dubbo for our Term 2 get together. We have a great line up of activities for the students, I personally cannot wait to see the Big Little Dairy in action!!

Congratulations to all our students on their school displays for the local Bourke and Walgett Shows – They looked amazing and everyone should be proud of the effort to make our displays stand out! Congratulations also to those students who submitted poetry, writing, art, lego or who participated with horses, cattle or dogs!! What a credit you are to your community by making the effort to participate in your local events.

I hope everyone is enjoying our Becoming Mathematicians lessons with Mrs Creasey, remember knowing how we do something is more important than a correct answer!

With winter making its presence felt over the next few weeks, we hope you can all stay healthy for the back end of Term 2 so remember to rug up, get lots of sleep and eat healthy!!

See you all in Dubbo!

Kind Regards Wendy Hay Principal

#### DATES TO REMEMBER

May 29<sup>th</sup> – June 2<sup>nd</sup> – Dubbo Excursion
12<sup>th</sup> June – Public Holiday
15<sup>th</sup> June – NW Cross Country
16<sup>th</sup> June – Whole School Assembly / Last
Satellite lessons for Term 2

### STAFF NEWS

We have a new staff member Mrs Rachael Creasey, joining BWSODE remotely until the end of the year.



She will be working in the role of Assistant Principal Curriculum and Instruction and brings a wealth of knowledge and teaching experience to the position. We welcome Rachael and look forward to her contribution and hope she enjoys her time with our school.

### ANZAC DAY



Hilda, Hamish, Miles Darcy and Hugh





Ms McAndrew with the students.

Thank you to the families and students able to participate in the ANZAC Day March and Service in Walgett and represent our school with such pride. Your efforts were greatly appreciated.

# IT Help Desk - 1800 338 737 or their new landline number is

58526230

(Please note this is a new number 18/05/2022)

150 Back to School Vouchers



The NSW Government is helping families pay for school supplies with the *Premier's Back to School NSW Vouchers*.

Parents, guardians, carers or students can apply for three \$50 vouchers, totalling \$150 for each eligible primary, secondary or home-schooled student. The vouchers can be spent on the cost of school uniforms, shoes, bags, technology, textbooks and other eligible expenses.

Vouchers can be redeemed at registered businesses until 30 June 2023.

For more information and to apply for vouchers, visit the Service NSW website or call 13 77 88.

# CWA Public Speaking Competition



The Far West Group of CWA held their annual Public Speaking Competition in Bourke on May

23<sup>rd</sup>

Unfortunately no BWSODE students were able to participate this year.

#### BWSODE Website



The school website is another platform we use to showcase our school and where you can locate important information such as photos, newsletters,

useful educational links and some valuable resources supervisors can utilise in their school rooms.

http://www.bwsode.schools.nsw.gov.au

# PARENTING IDEAS 7 ways parents can build self-esteem

- Number 1: Avoid comparisons
  It is very easy for kids to compare
  themselves to others: to siblings, to
  parents, to peers. Almost always such
  comparisons are in the negative and are
  fodder for 'I am not good enough' in
  terms of achievements, appearances or
  even importance. Keep an ear out
  and challenge these assumptions.
  Reinforce that everyone is unique and
  cannot be compared to others. Specific
  achievements or attributes are only one
  aspect of each person and don't make
  anyone better or more loved than
  another.
  - Number 2: Competence builds competence

Developing skills and experiencing success is an important part of building self-esteem. To assist, help kids set realistic goals, based on ability and resources such as time and opportunities, usually broken down into smaller steps. Part-time jobs can be a great way of building self-esteem for teenagers through financial independence, growing social skills and increased responsibility. Other goals might include getting involved in a new activity, setting learning goals or speaking up more often in class. Keep an eye out on the ratio of positive to negative experiences: if there are few areas of success, a conversation with the school and developing a joint strategy might be warranted.

 Number 3: Promote a growth mindset

Mistakes are normal and are part of learning and growth. It is hard to always do our best, because we are humans, not machines. So long as we are trying to do the best we can, no more can be asked. Carol Dweck's work on mindsets gives a framework for recognising effort and ongoing improvement, challenging the assumption that ability is fixed. If a child says 'I don't have a maths brain' they are demonstrating a fixed mindset but the alternative of 'I find maths confusing but I am learning new strategies' shows a growth mindset.

Often the term yet can be incorporated to build optimism for future learning such as 'I understand essays are complicated and you haven't got the hang of them yet.' A growth mindset helps to embrace challenges, encourages persistence and promotes learning from mistakes

Number 4: Foster a range of abilities and interests

Encourage individual passions and validate them with your attention and time. Whether it be sporting, intellectual, creative, artistic, helping others, social justice or other possibilities, taking interests seriously enables children and teenagers to take themselves seriously.

Personal qualities such as empathy, kindness and fairness are not always recognised in achievement awards but deserve recognition.

 Number 5: Recognising achievements

Over the years, I have often heard the following: 'I did great on the test, getting 85 per cent my best grade this year. But when I told dad, the first thing he asked was what happened to the other

15 perf cent. There is just no point trying, I will never be good enough for him.' Instead of giving the message that your child's best effort is not good enough, focus on what went well first, talk about what they are pleased with and why. This reinforces the strategies used and effort put in. If appropriate, discuss what they might do differently next time.

 Number 6: Praise
 Recognise effort, improvement and enjoyment of achievements and activities, not just outcome and be specific in these comments. Some examples are:

You put a lot of effort into your preparation for the talk – well done! I admire the way you encouraged your teammates today in the game.

Your teacher said your spelling is improving, practice is paying off. Be wary of gratuitous, over-the-top praise, which is not earned: it doesn't help build personal satisfaction and perseverance. Encourage your children to praise others: supporting peers and siblings has a positive impact on the giver, along with indirectly promoting self-praise.

 Number 7: Model positive, realistic self-praise

Hearing your parents recognise their own efforts and achievements is very powerful, as in these examples:

I am pretty pleased with fixing the mower

I gave a presentation – I was nervous beforehand, but it went well, and my preparation paid off.

Your aunt needed help today and I am happy I could support her.
Each of these demonstrates the breadth of self-esteem and how we can recognise our own qualities and actions.

Dr Deborah Trengove is a former school psychologist and school wellbeing leader and contributes to Michael Grose's website. This article was adapted from a publication by her."



Michael Grose, Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators.

He's the author of 10 books for parents including Thriving! and the bestselling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.

#### MERIT AWARDS

Principal's Award:
Kc - For his excellent attitude
and application to his schoolwork
Cooper - For his dedicated and
confident start in learning to
read



### Walgett Students

Monty

- Incredible independent work habits
- Commendable efforts in his Poetry Unit
- Impressive work with division
- For crushing his Maths Units week in week out
- Excellent experimenting and observing in Science

Darcy

An extraordinary effort in

	completing the English Unit - 'The All New Must Have Orange 430' • Writing and publishing an imaginative, engaging and interesting narrative • Fantastic results in his Maths	Bradley Rachel Hugh	journey at BWSODE Wonderful work with 'tricky words' A solid improvement in her fluency reading Reflecting appropriate independence in his learning
Elena	<ul><li>Assessment</li><li>Working hard on the Home Visit</li></ul>		his poetry Unit
Tallis	<ul> <li>Excellent effort and improvement in writing tasks</li> </ul>	•	skills of 3D Space
Maddy	<ul> <li>Outstanding achievement at the District Cross</li> </ul>	Danilo •	Term 2' Fantastic work with fractions and
Hamish	Country  Excellent InitiaLit work  Brilliant returns in 3D Space  Great work with his Tricky Words  Excellent participation in		mixed numerals Awesome efforts with ascending and descending order of large numbers Excellent understanding if 2D shapes and lines of symmetry
	music	Oliver	Terrific completion of his
Zoe	<ul> <li>Huge effort in Story Writing</li> </ul>		revision tasks in Maths
Koby	<ul> <li>Fantastic effort in all areas of learning</li> <li>Improvement in reading fluency</li> </ul>	•	For his magnificent Information Report and model of a Meat Ant
Shakira	<ul> <li>A positive start to her learning</li> </ul>		completed in his Unit Insects

- Reading Award For being an Fantastic Spencer Wonderful reading Cooper Gabe
- his maths units in Impressive start Week 1-3 to Term 2
  - Excellent start to his Science Unit 'Matter Matters'
  - Terrific reding and performing of music notation
  - Excellent vocabulary work
  - Excellent application in all areas of her learning
  - For commendable efforts in his Poetry Unit
  - Fantastic work with fractions
  - For his pleasing independent work habits
  - Amazing work with place value and negative numbers
  - For his superb shape poem 'Skyscrapers'
  - Incredible work in comprehension
  - Fantastic results in Maths Mentals
  - Excellent reading, writing and creating rhythmic patterns
  - Fantastic work completing his Term 1 learning program

- Hilda
- Dakota
- Dean
- and comprehension Amazing reading

language

Outstanding

sky

citizen

music

artwork 'Owl Night

AWESOME digital

Terrific reading

and creating in

improvement in

mathematical

her use of

- of Pat the Rat Super work in
- Story Writing HUGE effort in
- handwriting
- Brilliant sight word work
- Commendable completion of 'From Farm to Me'
- Fabulous flow chart created on the Coir making process
- Incredible artistic techniques applied in his Visual Art Units
- Displaying proficiency across

Scarlett

Miles

 Wonderful writing of a postcard to a friend

 A wonderful start to Term 2

 Fantastic work completing English activities let the book take you on a journey of adventure and inquirer.

Mrs Robinson loretta.robinson@det.nsw.edu.au





#### **Bourke Students**

Callie

 For excellent work in fractions

Billy

For an excellent use of tens frames

Kc

- For excellent work in vocabulary
- Fantastic work in Problem Solving

Matthew

 Excellent work with 3 digit numbers



### LIBRARY REPORT

We have received some of the 2023 CBC Shortlisted books and as soon as they are accessioned, they will be on the library shelves to borrow. I have looked at the selection and this year's selection will make it very hard to judge the winners I feel. Make sure you look for these when next borrowing from the libraries.

Enjoy your reading, it is a great time to snuggle up next to a fire or in bed and

### INTEGRATION DAY

#### **Walgett Centre**

Walgett Centre's Integration Days for Term 2 started with a bang – A 'double header' on May 4<sup>th</sup> & 5<sup>th</sup>. The main focus for the two days was to work on the school display for the Walgett Show. Thank you to all who made such an effort to come in and for the hard work and effort put in by everyone. The finished product was amazing and a fine tribute to the staff and students.



Isla



As always, many other activities were carried out on the day, and was such a reminder of how important Integration Days are, as part of the learning program. Integration Days provide the important opportunity for face to face teaching with the students, the class room experience and the chance to mix and play with class mates.









#### **Bourke Centre**

The first ID for Term 2 was held on April 28<sup>th</sup>. Thank you to all who attended and for all the hard work put into completing our project for the Bourke Show.







SPORT**Barwon Cross Country** 



The Barwon Cross Country was held at Goodooga on May the 5<sup>th</sup> in true 'cross

country ' style - Out on the flat in the remote town.

Congratulations to the Walgett students who were able to attend: Hugh, Darcy and Maddy. They all ran a great race and with practically good results to Hugh who was 6<sup>th</sup> and Maddy who came 2<sup>nd</sup> in their age groups. This

qualifies them to go on to the District Cross Carnival in Coolah on June 15<sup>th</sup>.



Darcy, Maddy and Hugh



Maddy

#### DISTRICT SHOWS

#### **Bourke Show**

The Bourke Show was held on Saturday My 5<sup>th</sup>. This is a great community event that brings the whole area together, providing an opportunity to compete, exhibit, socialise and relax.

The BWSODE Bourke Centre once again put up an amazing display of schoolwork from the students and was visited and admired by many show goers on the day.

Thank you to all concerned for a tremendous effort.

















3rd Place to BWSODE School Display





#### **Walgett Show**

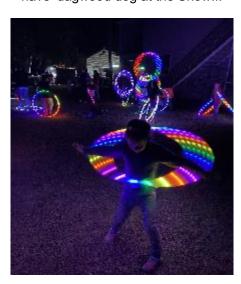
The Walgett Show was held over the weekend of the 13th and 14th of May. This is the last time the Show will be held in May - In 2024 it is an April Show and thereafter will be held in March. Once again it was a tremendous reflection of the strength and spirit of the Walgett Community with every section, be that Wool, Dog Trials, the Pavilions, Lawn Mowers, Ring Events, Show Jumping, Catering and more. In each area there is a body of people who work tirelessly together to make this happen. Despite some rain on Sunday causing the cancellation of some events, including the Equestrian Open Day in the ring, the 2023 Show was a great success.

Thank you to all the students who participated in the Show in many different capacities, but in particular, the huge effort put into our whole school display (which was awarded 3<sup>rd</sup> place) and many individual winning entries in the schoolwork.



Maddy in the Art Section

Darcy and Hilda enjoying a 'must have' dagwood dog at the Show!!!





## Winning Entries from the Walgett BWSODE students

#### Pactry

Student Name	Class	Title	Place
Cooper Swalin	K	All About Me	1 <sup>st</sup>
Hamish Swain	K	Hugh	2nd
Hilda Hartog	1	Darcy	2nd
Zoe Murray	1	Blue	111
Miles Swain	2	Red	2 <sup>nd</sup>
Maddy Murray	2	Yellow	1 <sup>18</sup>
Darcy Hartog	3	Outback	2nd
Hugh Swain	4	Owtback Truckers	311
Koby Cross	5	Travelling	311
Gabe Siemer	5	Fair From You	4 <sup>th</sup>
Dean Djulic	6	Skyscraper	415

#### Written Expression

Student Name	Class	Title	Place
Cooper Swaln	k	Ghost Bear - Narrative	2 <sup>nd</sup>
Kalza Barber	k	The Pig - Narrative	2nd
Hamish Swain	k	Sheep - Narrative	1ºt
Hilda Hartog	1	Gerald - Narrative	1 <sup>rt</sup>
Zoe Murray	1	Riding Candy - Narrative	2nd
Miles Swain	2	The Gang - Narrative	2nd
Maddy Murray	2	Koalas - information Report	118
Darcy Hartog	3	The Tale of the View Master and THE TRIASSIC TERROR	1 <sup>st</sup>
Hugh Swain	4	The Floodwater - Narrative	116
Oliver Adamson	4	Meat Ant - Info Report	2 <sup>rut</sup>
Isla Tuckey	4	Friends - Narrative	2nd
Gabe Siemer	5	Framed to Famous: The Story of John Owen Australia's First Wheat Farmer - Historical Recount	4 <sup>th</sup>

## HAPPY BIRTHDAY

Happy Birthday to Lachlan who celebrated his birthday on the first day of school for Term 2 April 26<sup>th</sup>. We hope you had a great day. May is a busy month with birthdays for Kc on the 1<sup>st</sup>, Kaiza on May 13<sup>th</sup>, Chris on the 20<sup>th</sup>, Elena on the 26<sup>th</sup>, Danilo on the 28<sup>th</sup> and Oliver on the 31<sup>st</sup>. We hope you all had a wonderful birthday with lots of celebrations.

